



DENIS ESTIMON

*One Match Can Light A Thousand Candles-
Change Starts With You*

Every time I speak to an audience, my goal is to inspire others to take action. I believe that I have the energy of a 16-year-old with wisdom far beyond my years. I make certain that my audience will always be able to relate with my speaking points and be engaged in the message.

3 Takeaways



Our differences can make a difference.



You can use your story to inspire others.



Small changes add to big results.



Bio

Denis Estimon immigrated to the U.S. from Port-au-Prince, Haiti, when he was in the first grade. Not being able to communicate with his classmates, Denis knows what it feels like to be isolated. Now, Denis makes it his life-purpose to make sure no kid has to feel the way he felt. During his senior year in high school, Denis and his friends launched *We Dine Together* for the sole purpose of combating social isolation. The story reached over 20 Million people after CBS featured the story and the work done by the students. Estimon is stepping into his new role at **Be Strong**, while currently enrolled at Everglades University, Majoring in Business. *We Dine Together* aimed to provide a proactive solution to one of the leading top-five safety, health and social issues. While the program began to grow, Estimon realized the work needed structure and a scalable model with sustainable tools. Enter **Be Strong**. *We Dine Together* is now part of the fabric of Be Strong's comprehensive approach.

Denis aims to promote the message of unity, love, and inclusion as a speaker, activist, influencer, and now Director at Be Strong.

Featured on



People

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