



# SCOTT COLBY

*Say It with Gratitude*

**Vulnerable and relatable, straight forward and compassionate, and an authentic storyteller and connector.**

## 3 Takeaways



**Gratitude is a key solution.**



**Cultivating an attitude of gratitude in schools.**



**Creating a better workplace through authentic appreciation.**



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## Bio

Scott Colby is the founder of Say It with Gratitude, a movement helping people become more grateful. In 2014, Scott took a trip to Guatemala, helping to build schools for Hug It Forward. It was this trip, and the gratitude and appreciation from the local community, that shifted Scott's perspective on life and helped him realize even when we have very little, it's our choice to be grateful. His aim isn't just about spreading a positive message, it's to create a gratitude movement that involves long lasting, sustainable change.

## References

Scott Colby is fantastic and engaging! Scott had our audience intrigued from the start of his "Say It With Gratitude" inspirational and motivational talk. Sometimes our students benefit from hearing stories of how kind actions will elicit words and acts of gratitude. He leads the students in a discussion to awaken what they have and how they should "Say It With Gratitude" in their life. I cannot say enough about how pleased I was with Scott; he is a class act.

**Daniel R. Toomey**

Head of Humanex Academy 2018

Scott Colby...you are changing lives every single day. Thank you for being you and for doing what you do.

**Clarissa Constantine**

The Princeton Review- College and Beyond



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